A Fear-Free-Fourth of July!

Positive Resources for Animal Guardians

Below are resources that **Conscious Companion** and **Pet Prana** recommend.

Note: Before making any changes to your animal companion's health care plan, we recommend consulting with your veterinarian. These suggestions are a not intended to substitute for medical or veterinary care. Conscious Companion and Pet Prana do not diagnose or treat any physical condition. Please consult your animal companion's healthcare practitioner if you have any medical concerns.

Holistic Tools for Companion Animals

Cannabis Science for the Animal World™

Spirit Essences

Through A Dog's Ear

Through a Cat's Ear

Bird Calming Products

<u>Tellington TTouch-Ear Strokes Helps Respiration, Digestion, Calming for dogs</u> (video)

Tellington TTouch® for Cats (video)

Working with Energy

Connecting Energetically

<u>VetFinder – Find a Holistic Veterinarian</u>

Choosing the right calming supplement for your horse

Dogs

<u>Dealing with noise phobia in dogs - A summary of current best practice and latest</u> research

<u>Dealing with noise phobia in dogs – graphic by Illis ABC</u>

CANINE NOISE PHOBIA SERIES

Fireworks Sound Card for iCalmDog

Anxious Canine Calming Aids

Things that Go BOOM In the Night

Provide a Bolt Hole! - graphic

Counter Conditioning: a Visual Explanation

Kongs and More! Canine Enrichment

Got a Dog? Get a Kong! (Part 1) → And Part 2

Protocol for Relaxation By Dr. Karen L. Overall

Cats

The Fourth	of July	<u>'Doesn'</u>	t Have t	o Be	"Feline	Fright	Night'	'! —	Tips,	tools,	and
techniques	for cat	ts									

Feline posture: A visual dictionary

Cat Body Language Graphic

Fearful Cat Behavior -video

<u>iCalmCat</u>

Calming Aids for Cats

Food as a Tool for Fearful Cats

Why Cats NEED Boxes

Are Cats Domesticated?

How to Help Your Fearful Feline

Combating Fear in Older Felines

Help Your Scaredy Cat Overcome Fear

How to Help Your Kitten to Feel Secure

<u>Using Foraging (puzzle feeders) as a Tool to Modify Fear in Cats</u>

Foraging Felines!

<u>Use of Medication to Treat Behavior Problems</u>

What Is My Cat Saying?

Parrots

How to Help a Scared Parrot Cope with Fireworks

Signs of Stress in Parrots

Using Enrichment to Modify Fear in Parrots:

The Power of Play: Thinking Outside the Cage

<u>Stimulation for Psittacines! Transforming a Parrot's Life in Captivity through</u> Enrichment

<u>Putting Together the Parrot Puzzle Pieces: The Key to Successful, Species-</u> Appropriate Enrichment for Captive Parrots

Multi-Species Must-Know Info! (Canines, Felines, and other companion animals)

<u>Cats and Dogs – signs of Fear, Stress, and Anxiety from Dr. Marty Becker</u>

<u>Provide Comfort When They Are Afraid.</u>

Will It Be The Eve of Chaos or Calm?

<u>Dial Up the Dopamine - The Power of Food!</u>

Food As a Tool Graphic

Provide Comfort When They Are Afraid.

Animal Emotions and That Icky Sticky Fear

Why You SHOULDN'T Use Acepromazine For Cats & Dogs for Fireworks or Thunderstorm Fears

Medication for Behavior Problems in Cats & Dogs

How Enrichment Helps

<u>Counterconditioning and Desensitization Techniques (starts at 55:55 on the recording)</u>

A Fear-Free Fourth of July (recording via Dropbox)

A Fear-Free Fourth of July (recording via Free Conference call)

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